BOTTIS’ BEST BREAST

Course Location:
Grand Hotel Gardone
Gardone Riviera | Italy

25 26 27 MAY 2018

An educational event by Villa Bella Clinic | Salò
ALL ABOUT BREAST AUGMENTATION

07.00-07.30  REGISTRATION
07.30-07.45  Welcome and opening remarks G. Botti, C. Botti, M. Pelle

LIVE SURGERY
07.45-08.30  Breast augmentation (inframammary approach)  Surgeon: A. Cella
08.30-09.15  Breast augmentation (periareolar approach)  Surgeon: C. Botti

09.15-09.45  COFFEE BREAK
09.45-10.30  Breast augmentation (transaxillary non-endoscopic approach)  Surgeon: G. Botti
10.30-11.15  Breast augmentation (transaxillary endoscopic approach)  Surgeon: M. Klöppel

LECTURES
THE NEVER-ENDING IMPLANT FIGHT
11.15-11.35  Why macrotextured implants are better  M. Nava
11.35-11.55  Why polyurethane covered implants are better  C. Stan
11.55-12.15  Why nanotextured implants are better  C. Botti
12.30-13.40  LUNCH AT THE LAKESIDE
13.40-14.00  A 40 year Journey through Breast Augmentation  F.Nahai

Round or anatomical implants?
14.00-14.20  The Evidence and Uses of Anatomic Breast Implants: Are They Really Better?  F. Lista
14.40-15.00  Are anatomical implants really worth using?  G. Botti
Which approach?
15.00-15.20  Endoscopic Transaxillary Breast Augmentation: how to achieve beautiful results  M. Klöppel
15.20-15.40  Non-Endoscopic Transaxillary Breast Augmentation is this a better way of performing breast augmentation?  F. Lista
15.40-16.10  Triple Plane Breast Augmentation  R. Bracaglia

ALCL: let’s summerize the situation
16.10-16.40  ALCL update  M. Nava

16.40-17.00  Round table I
(R. Bracaglia, F. Lista, F.Nahai, M. Salgarello)
Is the “14 point plan” the ultimate truth or is there a commercial side to it? Most effective ways to choose an implant and to set the new i.m.f. Big implants: what limit? Drains? Antibiotics? Betadine?

16.30-17.40  OPEN COFFEE BREAK

COMPLICATIONS AND CONTROVERSIES IN BREAST AUGMENTATION
17.00-17.20  Breast Implants, the FDA and the Law  F. Nahai
17.20-17.40  Correction of bottoming out J. Fahradi
17.40-18.00  Double bubble, bottoming out and other implant displacements  G. Botti
18.00-18.20  Expanding poles in breast augmentations.  P. Berrino
18.20-18.40  Management of secondary cosmetic mammaplasties with polyurethane covered implants.  M. Salgarello
18.40-19.00  Is it time to start re-thinking sub-pectoral breast augmentation?  F. Lista

19.00-19.30  Round table II
(P. Berrino, J. Fahradi, M. Klöppel, M. Nava)
Why do many augmented breasts look worse after a few years? Best solutions for capsular contracture and double bubble. Easiest and most effective treatment of tuberous breast.

20.00  COCKTAIL, MUSIC AND MAGIC AT THE GRAND HOTEL
ALL ABOUT BREAST LIFTING

**LIVE SURGERY**

07.45-09.00 Mastopexy. Secondary case (implant and pocket change with circumvertical pexy)  
**Surgeon:** G. Botti

09.00-10.15 Mastopexy with autoprosthesis and fat grafting  
**Surgeon:** C. Botti

10.15-11.00 **COFFEE BREAK**

11.00-12.15 Pexy-augmentation: periareolar approach  
**Surgeon:** M. Pelle

12.30-14.00 **LUNCH AT THE LAKE SIDE**

**LECTURES**

**PTOSIS CORRECTION**

13.40-14.20 Treatment of Breast Ptosis: An Algorithm for Surgical Correction  
**F. Lista**

14.20-14.40 The hypoplastic and ptotic breast: my approach  
**M. Pelle**

14.40-15.00 Autoprosthesis: a personal evolution  
**G. Botti**

15.00-15.20 Advancements in internal mastopexy  
**C. Stan**

**BREAST PTOSIS IN POST-BARIATRIC PATIENTS**

15.20-16.00 Mastopexy and Breast reduction in post bariatric patients: a personal approach  
**C. Roxo**

16.00-16.20 Short scar pexy-augmentation with implants in massive weight loss patients  
**M. Salgarello**

16.20-16.40 Mastopexy in the massive weight loss patient  
**J. Farhadi**

16.40-17.00 Round table III

(C. Roxo, M. Abboud, A. Marchi)

*Do you believe an internal hammock is necessary to fix breast new position? Pexy/Augmentation in two stages: is it sometimes convenient? How short can a “short scar” mastopexy be: still room for T, J or L pexies? Is purse-string periareolar mastopexy (with and without implants) a predictable and effective tool?*

16.30-17.30 **OPEN COFFEE**

**TO FILL OR NOT TO FILL: THAT IS THE QUESTION…**

17.00-17.30 Correction of congenital and acquired breast deformities by modifying the wound healing mechanism. Minimally invasive approach without skin incision  
**G. Rigotti**

17.30-17.50 Primary Aesthetic Breast Augmentation using autologous fat grafting: Indications and comparison between different processing methods in 134 cases- 9 years’ experience  
**A. Kalaaji**

17.50-18.10 Breast augmentation using Barbed sutures and Lipofilling: How I do it?  
**M. Abboud**

18.10-18.30 Breast reconstruction with fat grafting. The importance of aesthetic implications.  
**A. Marchi**

18.30-18.50 High-Definition Fat Grafting Breast Augmentation  
**M. Salgarello**

18.50-19.10 Fat grafting: how long do volume and regeneration last?  
**P. Berrino**

19.10-19.40 Round table IV

(P. Berrino, G. Rigotti, M. Salgarello, A. Kalaaji)

*Fat grafting augmentation: facts and chats. Your way to get better result in breast augmentation with fat. Is fat a good option to reconstruct the breast after subcutaneous mastectomy? Fat grafting and breast cancer: just an old useless story?*

**20.30 GALA DINNER**
ALL ABOUT BREAST REDUCTION

LIVE SURGERY
08.00-09.20  Breast reduction (supero-medial pedicle)  
Surgeon: C. Botti
09.20-10.40  Breast reduction (superior pedicle with liposuction)  
Surgeon: C. Roxo
10.40-11.00  COFFEE BREAK
11.00-12.30  Gigantomastia reduction.  
Surgeon: G. Botti

LECTURES

BREAST REDUCTION
13.40-14.25  Vertical Scar Breast Reduction: The 10 Steps to Success  
F. Lista
14.25-14.45  22 Years of Short Scar Breast Reduction: What have I learnt?  
F. Nahai
14.45-15.05  No Vertical Scar Breast Weight Transfer  
G. Horndeski
15.05-15.25  Understanding the safety and reliability of J-scar reduction mammaplasty.  
M. Salgarello
15.25-15.45  Breast Reduction with internal hammock: my experience  
J. Farhadi

SPECIAL TOPICS
15.45-16.15  The Unhappy Patient: A Treatment Manual  
F. Lista
16.15-16.35  Microsurgical aesthetic breast surgery  
J. Farhadi
16.35-16.55  No Scar Breast Reduction Mammoplasty: is it possible  
M. Abboud
16.55-17.15  Surgical Correction of Gynecomastia: A New Technique Without Peri-Areolar Scar  
F. Lista

17.15-17.45  Round table V  
(F. Lista, R. Bracaglia, G. Rigotti e M. Salgarello)
Choice of pedicle in secondary reduction. Simultaneous reduction and implants: smart or crazy? Liposuction in breast reduction: convenient or dangerous? How to face a NAC ischemia? Too much or insufficient breast reduction: what happened? Your worst breast surgery complication

What are you going to see and learn at the BBB 2018?
• Live surgery of all the most effective and reliable breast aesthetic operations (Breast Augmentation with different approaches, Mastopexy with/without implants, Breast Reduction, Fat Grafting, Combined Procedures, etc). All these with markings, advantages and drawbacks, complications and their solution.
• What's new on the ALCL issue
• New interesting proposals: DIEP as cosmetic augmentation technique, breast reduction without vertical scar or with no scar at all.
• As always, all the incomes will be given to charity.
• In summary, if you wish to really update, this the 2018 Course to attend
Faculty:

Marwan Abboud  
(Bruxelles, Belgium)

Pietro Berrino  
(Genova, Italy)

Chiara Botti  
(Salò, Italy)

Giovanni Botti  
(Salò, Italy)

Roberto Bracaglia  
(Rome, Italy)

Antonio Cella  
(Salò, Italy)

Jian Farhadi  
(Zurich, Switzerland - London, UK)

Gary Horndeski  
(Lake Jackson, USA)

Amin Kalaaji  
(Øst, Norway)

Marcus M. Klöppel  
(Munich, Germany)

Frank Lista  
(Mississauga, Canada)

Alessandra Marchi  
(Verona, Italy)

Foad Nahai  
(Atlanta, USA)

Mario Pelle  
(Rome, Italy)

Gino Rigotti  
(Mantova, Italy)

C. Roxo  
(Rio de Janeiro, Brasil)

Marzia Salgarello  
(Rome, Italy)

Costantin Stan  
(Bucarest, Romania)

All the round tables will be moderated, by C. Botti, G.Botti and M. Pelle

Featuring:

- Implant breast augmentation  
  (areolar, inframammary and transaxillary approach)
- Breast fat grafting
- Mastopexy (periareolar, vertical, and small inverted T techniques)
- Autoprosthesis
- Tuberous Breast correction
- Breast reduction (various pedicles)
- Correction of animation deformities
- Treatment of double bubble and implant displacement
- Correction of capsular contracture
- Treatment of folding/wrinkling deformities
  and much much more…!